

SATURDAY March 27, 2010



RUN, WALK OR RIDE AT THE TRACK!

Event and Registration Opens at 6:00 am Arrive early! Run begins at 7:45 am

VISIT THE "HEALTHY COMMUNITIES" EXPO!

Come check out the fun-filled activities inside!

- Climbing Wall
 Network for a Healthy California
 Farmer's Market
 - Sports Activities Free Health Screenings And more!

FREE ADMISSION TO THE AMA SUZUKI SUPERBIKE CHALLENGE WITH 5K RACE BIB!

Pre-register online at www.leftys5k.com



















* Bike, blade, skate, scooter, stroller, etc. !!!

Use this free community event to further your activities! Lefty's Challenge can be utilized as a kickoff or culminating event promoting health & wellness in support of district wellness policies.

This is not a School District sponsored event and this material is not prepared at School District expense.